

PROVIDER EXPRESSION OF INTEREST

MOVE IT NQ CLONCURRY



Project Background

Move It NQ, a division of the NQ Sports Foundation, is aimed at supporting healthier and active lifestyles. Through the successful development of evidence-based strategies and delivery of free community physical activity programs across North Queensland, Move It NQ has become a leader in driving health-related outcomes across the region.

Invitation

Cloncurry Shire Council and Move It NQ are seeking expressions of interest from suitably qualified exercise professionals to deliver physical activity sessions to the Cloncurry community. These sessions will be funded by Move It NQ and free of charge to the community.

It is expected that the successful candidate will be/have:

- A suitably qualified exercise professional accreditation to an approved national body.
- Hold a practitioners' professional liability, public liability insurance and ABN.
- Experience working with people with a range of skills and abilities.

Project objectives

- Develop place-based strategies to promote physical activity and lifelong health promoting behaviours.
- Provide opportunity for the community to participate in physical activity.
- Reduce the barriers to participate in physical activity (financial, confidence, access etc.)
- Contribute to overall community health and wellbeing through partnerships with local sport, recreation, and health organisations.
- Reducing the burden of obesity and chronic disease.

Deliverables

- Delivery of physical activity sessions to the community as detailed below.
 - At least one session weekly or fortnightly at a minimum.
 - Run for a minimum of 16 weeks.
 - An activity not currently offered free of charge by other providers in Cloncurry.
 - Be consistent on day, time and location each week or fortnight. (i.e every Wednesday at 5:30pm or every second Wednesday at 5:30pm)
- Comply with any data collection tools as requested by NQSF, including but not limited to the use of online/hardcopy surveys, participation tracking and marketing insights.
- Use Cloncurry Shire Council and Move It NQ Branding on all initiative collateral.
- Tag Cloncurry Shire Council and Move It NQ on Social Media posts or in newsletter items.
- Take and provide photographs of the initiative.

Audience

Move It NQ will be available for all Cloncurry Shire community members to access and utilise to benefit their own personal health and wellbeing journey.

Benefits

- Consistent income for a structured number of sessions to be delivered.
- Pathways for participants to access your professional services outside of Move It NQ programs.
- Recognition and advertising of your professional services to the region.
- Opportunity to form a long-term partnership with NQ's leader of physical activity programs.
- Being part of a state and federal government funded health and wellbeing project.

Budget

There is not an assigned budget for this project. Providers are requested to outline in their proposal what they have the capacity to deliver on a regular (once weekly or fortnightly) basis to the community and the costs involved to meet the above objectives.

Timeframe

- Expressions of Interest are to be submitted by Monday 20 March 2023.
- Applicants will be notified by Monday 27 March to advise if their proposal has been successful.
- It is expected that the project work will commence as soon as possible after the proposal acceptance.
- At a maximum, the project can run up to 1 February 2024.

EXPRESSION OF INTEREST FORM

MOVE IT NQ CLONCURRY



Program Details

Program Name	
Provide an outline of the proposed program	
Anticipated start date	
Anticipated end date	
Main target demographic (please tick)	<input type="checkbox"/> General population <input type="checkbox"/> Women <input type="checkbox"/> Men <input type="checkbox"/> Children/ Youth <input type="checkbox"/> Elderly <input type="checkbox"/> Aboriginal and Torres Strait Islander peoples <input type="checkbox"/> Families <input type="checkbox"/> CALD <input type="checkbox"/> Other
Provide supporting evidence for the proposed program	
Promotional strategy	
Funding amount requested	

Budget Breakdown

	Cost (\$) (ex. GST)	Description of costs
Program Delivery costs		
Promotion		
Equipment		
Other (please specify)		

Frequency of Program

	Frequency
Sessions per week	
Sessions per fortnight	
Length of program (weeks)	

Contact Details

Full Name	
Organisation	
Email address	
Phone number	